

ONE-DAY TRAINING

Getting Started with TF-CBT

Making Assessment Fun, Finding the Right Cases, and Successfully Launching Treatment

• **FORMAT:** Live Virtual (Synchronous) or In Person

• **DURATION:** 6 Hours

• **TIME:** 9:00 AM – 3:00 PM

• **TRAINER:** Ashley Fiore, LCSW

• **TOTAL CES:** 5.0 NBCC

CE Credits Available: 5.0 NBCC CES • NBCC ACEP Approved Provider No. 8098 • Completion of post-training evaluation required for CE credit

— FULL-DAY SESSION AGENDA

TIME	CES	TOPIC AND CONTENT (TEACHING METHODS)
9:00 - 10:30	1.5	Welcome, Introductions, and TF-CBT Case Selection <i>(Didactic instruction, large group discussion, case-based practice)</i> Personal learning objectives • Skill development over knowledge transfer • TF-CBT recommended populations, ages 3–18, and settings • The 5 domains of case selection: presenting problem, traumatic experience, verbal memory, clinically significant symptoms, and corroboration • Red / Yellow / Green case selection practice • When TF-CBT still works and when to recommend another approach
10:30 - 10:45		Morning Break (15 minutes)
10:45 - 12:15	1.5	Trauma Screening and Trauma-Informed Comprehensive Clinical Assessment <i>(Didactic instruction, live demonstration, case example, large group discussion)</i> Screening vs. assessment: casting a net vs. sorting out what's caught • UCLA PTSD Reaction Index Brief Screen (DSM-5): administration, scoring, and interpretation • Bio-Psycho-Social clinical interview and standardized assessment battery • CATS-2, YCPC, SDQ, and RCADS: who completes each measure and when • Making assessment fun and engaging: Worry Wall, Splat Ball, parking lot techniques • Working Smarter, Not Harder: a two-visit intake protocol • Building case conceptualization and providing assessment feedback to caregivers and children • Early Psychoeducation: normalizing symptoms and instilling hope
12:15 - 12:45		Lunch Break (30 minutes)
12:45 - 1:45	1.0	Operationalizing Symptoms and Symptom Tracking / Functional Behavioral Analysis <i>(Didactic instruction, video demonstration, large group case activity, role play)</i> Identifying the top 3 trauma symptoms to target: intensity, severity, and duration • What symptoms look like from the inside to the child vs. the outside to others • Which symptoms to prioritize: distress, frequency, functional interference, sleep, and safety • Establishing baseline and tracking symptoms weekly with child and caregiver separately • Functional Behavioral Analysis (FBA): antecedents, behaviors, and consequences • The four functions of behavior and applying them clinically • FBA prompts for caregivers and children/teens • FBA case activity: Tasha (large group) • Differing FBA goals for caregiver vs. child
1:45 - 2:00		Afternoon Break (15 minutes)
2:00 - 3:00	1.0	Caregiver Engagement and Wrap-Up <i>(Didactic instruction, guided visualization, large group discussion, small group activity)</i> Why engagement matters: no-show rates and early dropout data • Mary McKay's research on barriers in urban and rural settings • Active problem-solving questions for the first phone call • What to accomplish in first contact: defining concern, instilling hope, and problem-solving barriers • Practical strategies to increase show rates and treatment completion • TF-CBT + Active Engagement for foster care (Dorsey et al., 2014) • Jan Hindman's 3 types of caregivers and working with the disbelieving parent • Large group discussion: the disbelieving parent scenario • Small group debrief: Start, Stop, Build Q&A and closing

LEARNING OBJECTIVES Upon completion of training, participants will be able to:

- | | | |
|--|---|---|
| 1 Identify the five domains of TF-CBT case selection and apply them to clinical referrals | 2 Distinguish between trauma screening and comprehensive assessment and describe when each is indicated | 3 Administer and interpret the UCLA PTSD RI Brief Screen, CATS-2, YCPC, SDQ, and RCADS |
| 4 Describe a two-visit assessment protocol that streamlines data collection and informs case conceptualization | 5 Operationalize a child's top three trauma symptoms and apply FBA principles to guide weekly tracking | 6 Apply evidence-based engagement strategies to increase caregiver participation and treatment completion |

Reminder for CE Credit: Attendance for the full training is required. Participants must complete the post-training evaluation to receive their CE certificate. Certificates are issued within 5 business days of evaluation completion.

ATTENDANCE TRACKING AND CE CREDIT POLICY

Attendance is tracked via Zoom participant logs, which record each participant's join and leave times as the official record of participation. Please join using your full legal name as registered. Joining under a nickname, a colleague's name, or a partial name may result in a delay or inability to issue your CE certificate.

CE credit is calculated based on documented participation time and issued in quarter-hour increments (1 CE hour = 60 minutes). Participants present for the full training receive the maximum CE hours offered; those missing a portion receive prorated credit accordingly. CE certificates cannot be issued for viewing recordings in lieu of live attendance.

If you experience a technical issue or must step away, please rejoin promptly and notify the trainer. If a technical issue prevents you from rejoining, contact ashley@ashleyfiore.com within 24 hours of the training.

REGISTRATION AND REFUND POLICIES

PARTICIPANT REFUND POLICY

- **60+ days before training:** Fully refundable or transferable to another training.
- **30 to 59 days before:** Gift coupon for 50% of registration fee toward another training. No cash refund.
- **Less than 30 days before:** No refund.
- **Consultation registration:** Not refundable or transferable due to limited call group space.
- **Extenuating circumstances:** Exceptions may be made for medical emergencies at Ashley Fiore, LCSW PLLC's discretion.

CANCELLATION BY ASHLEY FIORE, LCSW PLLC

Ashley Fiore, LCSW PLLC reserves the right to cancel any training due to unforeseen circumstances, including insufficient enrollment, instructor illness, or other factors beyond our control.

In the event of cancellation, participants will be notified promptly and offered alternative dates or a full refund. Ashley Fiore, LCSW PLLC shall not be held liable for costs incurred by participants, including travel expenses.

PARTICIPANT SUBSTITUTION POLICY

If a registered participant is unable to attend, they may request to substitute another individual in their place. Requests are assessed based on program capacity, eligibility criteria, and training requirements.

Provide the substitute's name, contact information, and relevant qualifications. Approved substitutions confirmed in writing; fee differences reconciled. Denied requests communicated in writing within 5 business days.

TRANSFER OF REGISTRATION POLICY

A registered participant may request to transfer their registration to an alternative session no later than two weeks prior to the scheduled start date.

Requests are assessed based on capacity and eligibility. Approved transfers confirmed in writing; fee differences reconciled. Denied requests communicated in writing within 5 business days.

GRIEVANCE POLICY

Should participants have complaints about course content, speakers, facilities, non-receipt of certificates, or other issues, a grievance may be filed in writing within 30 days of the training by emailing ashley@ashleyfiore.com.

The licensed social work consultant will be involved in all grievance resolutions for social workers. Ashley Fiore, LCSW PLLC keeps records of all grievance reports and all actions taken to address the grievance, whether the complaint was made to the provider, ASWB, or another entity. Steps taken in the resolution process and outcome are provided to the ASWB program as requested; all feedback is valued and used to improve future courses and ensure the best experience for learners.

Questions about registration, CE credit, or policies?

Contact ashley@ashleyfiore.com or (828) 230-1637 • Ashley Fiore, LCSW PLLC • 725 Merrimon Ave. #8337, Asheville, NC 28804