

3-DAY LIVE VIRTUAL OR IN-PERSON TRAINING

TF-CBT Basic Training

Day 1 of 3

- **FORMAT:** Live Virtual (Synchronous) or In Person
- **DURATION:** 6 Hours
- **TIME:** 11:00 AM – 5:00 PM ET
- **TRAINER:** Ashley Fiore, LCSW
- **TOTAL CES:** 13.5 NBCC & ASWB

CE Credits Available: 13.5 NBCC CEs | 13.5 ASWB CEs (Course #6594) • NBCC ACEP No. 8098 • Post-training evaluation required for CE credit

SESSION AGENDA

4.5 CEs This Day

TIME (ET)	CES	TOPIC AND CONTENT (TEACHING METHODS)
11:00 - 12:30 ET	1.5	TF-CBT Principles and Model Overview <i>(Didactic instruction, large group discussion)</i> Goals of TF-CBT • Overview of TF-CBT components • Components-based treatment and pace of trauma-focused treatment • Importance of gradual exposure • Individualizing treatment for culture, development, and interests • Crises of the Week and session agendas • Instilling hope, manufacturing mastery moments
12:30 - 1:15 ET		Lunch
1:15 - 2:45 ET	1.5	Assessment and Early Psychoeducation <i>(Didactic instruction, case demonstration, large group discussion)</i> Impact of trauma on children and families • Creating a foundation for trauma-focused therapy: normalizing symptoms and orienting to treatment
2:45 - 3:00 ET		Break
3:00 - 3:45 ET	.75	Psychoeducation <i>(Didactic instruction, skills demonstration)</i> Socratic Questioning with children and caregivers • Gradual exposure during the Psychoeducation component • Common parental issues in child traumatization
3:45 - 4:00 ET		Break
4:00 - 4:45 ET	.75	Parenting <i>(Didactic instruction, skills demonstration)</i> Parenting skills and behavior management • Gradual exposure during the Parenting Skills component
4:45 - 5:00 ET		Questions and Wrap-Up <i>(Large group discussion)</i>

3-DAY LIVE VIRTUAL OR IN-PERSON TRAINING

TF-CBT Basic Training

Day 2 of 3

- **FORMAT:** Live Virtual (Synchronous) or In Person
- **DURATION:** 6 Hours
- **TIME:** 11:00 AM – 5:00 PM ET
- **TRAINER:** Ashley Fiore, LCSW
- **TOTAL CES:** 13.5 NBCC & ASWB

CE Credits Available: 13.5 NBCC CEs | 13.5 ASWB CEs (Course #6594) • NBCC ACEP No. 8098 • Post-training evaluation required for CE credit

SESSION AGENDA

4.5 CEs This Day

TIME (ET)	CES	TOPIC AND CONTENT (TEACHING METHODS)
11:00 - 12:15 ET	1.25	Relaxation / Affective Expression and Regulation <i>(Didactic instruction, skills demonstration, case application)</i> Review of coping strategies to reduce physiological symptoms • Integrating gradual exposure into the Relaxation component • Including caregivers as your “co-therapist” • Review of coping strategies to reduce affective symptoms • Integrating gradual exposure into Affective Expression and Regulation • Application to the caregiver
12:15 - 1:00 ET		Lunch
1:00 - 2:15 ET	1.25	Cognitive Coping <i>(Didactic instruction, skills demonstration)</i> Teaching metacognitive work at different developmental levels • Review of cognitive coping strategies • Integrating gradual exposure without challenging trauma-specific thoughts
2:15 - 2:30 ET		Break
2:30 - 4:00 ET	1.5	Trauma Narration Development <i>(Didactic instruction, demonstration, skill practice)</i> Introduction to the Trauma Narration component • Continuation of gradual exposure: creating the narrative • Goals and purpose: gaining mastery of traumatic memories and meaning making • Review and demonstration of procedure for developing the trauma narrative
4:00 - 4:15 ET		Break
4:15 - 4:45 ET	.5	Trauma Narration Development, continued <i>(Skill practice)</i> Skills application: practice Trauma Narration development
4:45 - 5:00 ET		Questions and Wrap-Up <i>(Large group discussion)</i>

3-DAY LIVE VIRTUAL OR IN-PERSON TRAINING

TF-CBT Basic Training

Day 3 of 3

- **FORMAT:** Live Virtual (Synchronous) or In Person
- **DURATION:** 6 Hours
- **TIME:** 11:00 AM – 5:00 PM ET
- **TRAINER:** Ashley Fiore, LCSW
- **TOTAL CES:** 13.5 NBCC & ASWB

CE Credits Available: 13.5 NBCC CEs | 13.5 ASWB CEs (Course #6594) • NBCC ACEP No. 8098 • Post-training evaluation required for CE credit

SESSION AGENDA

4.5 CEs This Day

TIME (ET)	CES	TOPIC AND CONTENT (TEACHING METHODS)
11:00 – 12:30 ET	1.5	Cognitive Processing <i>(Didactic instruction, demonstration, skill practice)</i> Main clinical goals of the Cognitive Processing component • Common themes of trauma-related cognitive distortions • Strategies to identify and challenge cognitive distortions with the child
12:30 – 1:15 ET		Lunch
1:15 – 2:45 ET	1.5	Cognitive Processing, continued <i>(Skills demonstration, experiential practice)</i> Cognitive Restructuring demonstration of skills and practice • Cognitive Restructuring with caregivers
2:45 – 3:00 ET		Break
3:00 – 3:30 ET	.5	Conjoint Sessions <i>(Didactic instruction, discussion)</i> Main clinical goals of Conjoint Sessions • Preparation for the Conjoint Session in which the child shares their trauma narrative with the caregiver
3:30 – 3:45 ET		Break
3:45 – 4:45 ET	1.0	In-Vivo Mastery / Enhancing Future Safety and Development <i>(Didactic instruction, case application)</i> Clinical goals of in-vivo mastery of trauma reminders • Introducing in-vivo work and developing an in-vivo desensitization plan • Enhancing safety skills and risk reduction • Personal safety skills and increasing awareness • Supporting the caregiver taking the lead
4:45 – 5:00 ET		Questions and Wrap-Up <i>(Large group discussion)</i>

LEARNING OBJECTIVES Upon completion of training, participants will be able to:

- 1 Describe the theoretical basis and core components of TF-CBT and apply the model to appropriate client populations
- 2 Implement gradual exposure across all PRACTICE components in a sequential, individualized manner
- 3 Conduct a trauma-informed comprehensive assessment and use findings to guide treatment planning and Early Psychoeducation
- 4 Demonstrate Trauma Narration development and processing techniques with children and their caregivers
- 5 Apply Cognitive Processing strategies to identify and challenge trauma-related cognitive distortions
- 6 Facilitate Conjoint Sessions, In-Vivo Mastery, and Enhancing Safety components to complete the full course of TF-CBT

Reminder for CE Credit: Attendance for all training days is required for full CE credit. Participants must complete the post-training evaluation to receive their CE certificate. Certificates are issued within 5 business days of evaluation completion.

ATTENDANCE TRACKING AND CE CREDIT POLICY

Attendance is tracked via Zoom participant logs, which record each participant's join and leave times as the official record of participation. Please join using your full legal name as registered. Joining under a nickname, a colleague's name, or a partial name may result in a delay or inability to issue your CE certificate.

CE credit is calculated based on documented participation time and issued in quarter-hour increments (1 CE hour = 60 minutes). Participants present for the full training receive the maximum CE hours offered; those missing a portion receive prorated credit accordingly. CE certificates cannot be issued for viewing recordings in lieu of live attendance.

If you experience a technical issue or must step away, please rejoin promptly and notify the trainer. If a technical issue prevents you from rejoining, contact ashley@ashleyfiore.com within 24 hours of the training.

— REGISTRATION AND REFUND POLICIES

PARTICIPANT REFUND POLICY

- **60+ days before training:** Fully refundable or transferable to another training.
- **30 to 59 days before:** Gift coupon for 50% of registration fee toward another training. No cash refund.
- **Less than 30 days before:** No refund.
- **Consultation registration:** Not refundable or transferable due to limited call group space.
- **Extenuating circumstances:** Exceptions may be made for medical emergencies at Ashley Fiore, LCSW PLLC's discretion.

CANCELLATION BY ASHLEY FIORE, LCSW PLLC

Ashley Fiore, LCSW PLLC reserves the right to cancel any training due to unforeseen circumstances, including insufficient enrollment, instructor illness, or other factors beyond our control.

In the event of cancellation, participants will be notified promptly and offered alternative dates or a full refund. Ashley Fiore, LCSW PLLC shall not be held liable for costs incurred by participants, including travel expenses.

PARTICIPANT SUBSTITUTION POLICY

If a registered participant is unable to attend, they may request to substitute another individual in their place. Requests are assessed based on program capacity, eligibility criteria, and training requirements.

Provide the substitute's name, contact information, and relevant qualifications. Approved substitutions confirmed in writing; fee differences reconciled. Denied requests communicated in writing within 5 business days.

TRANSFER OF REGISTRATION POLICY

A registered participant may request to transfer their registration to an alternative session no later than two weeks prior to the scheduled start date.

Requests are assessed based on capacity and eligibility. Approved transfers confirmed in writing; fee differences reconciled. Denied requests communicated in writing within 5 business days.

GRIEVANCE POLICY

Should participants have complaints about course content, speakers, facilities, non-receipt of certificates, or other issues, a grievance may be filed in writing within 30 days of the training by emailing ashley@ashleyfiore.com.

The licensed social work consultant will be involved in all grievance resolutions for social workers. Ashley Fiore, LCSW PLLC keeps records of all grievance reports and all actions taken to address the grievance, whether the complaint was made to the provider, ASWB, or another entity. Steps taken in the resolution process and outcome are provided to the ASWB program as requested; all feedback is valued and used to improve future courses and ensure the best experience for learners.

Questions about registration, CE credit, or policies?

Contact ashley@ashleyfiore.com or (828) 230-1637 • Ashley Fiore, LCSW PLLC • 725 Merrimon Ave. #8337, Asheville, NC 28804